



“Summa This – Summa That!”

June is busting out all over, and so is THE STRAND ON THE AIR! Join us **Sunday June 27th** at 5 pm over WRFR 93.3 and 99.3 for our “Summa This – Summa That!” Edition! Liz McLeod leads the Strand Family Players down the shore to frisk and and caper in the sunshine, Brittany Parker will dish up some appropriate summer melodies, Professor Dan Bookham will sing an ode to that season that’s oh-too-short, and we’ll welcome back Waldo County’s favorite old-time harmony team Patty Jackson and Rusty Blake for a brand-new picnic basket full of tunes. Ace investigator Karl Stuffer will present an exclusive interview with none other than the Strand Theatre Building itself –98 years young and raring for the future! And down in Abysmal Point, Mrs. Grunden faces the sudden culmination of all her lifelong hopes and dreams when she invents a clam-based snack destined to sweep the nation! Don’t miss this all-new edition of Maine’s Own Radio Variety show – written and directed by Liz McLeod and presented by recording by the Strand Theatre!

Rodney Lynch on the Metro



Join me next Wednesday on the Rockland Metro Show when my guest will be Rodney Lynch former Rockland City Economic development director. We shall discuss affordable

housing and economic development in Rockland along with a number of other issues. Hope you will join in on our conversation by calling WRFR radio at 593-0013. We welcome your comments and questions. Watch us over Maine Coast TV local channel 7 or listen over WRFR radio 93.3 FM. Join us each and every Wednesday between 5 and 6 PM on the Rockland Metro show. Your host, Steve Carroll

Interview with Cassandra Rose, PhD about Maine Won’t Wait Climate Action Plan



Tune in Tuesday June 28th at 8pm or Thursday July 1st at 7am to hear Cheech interview the Senior Science Analyst & Climate Council Coordinator from the Governor’s Office of Policy Innovation and the Future, Cassandra Rose.

Cassandra will discuss the creation and purpose of the Maine Won’t Wait Climate Action Plan and highlights from the Scientific assessment of Climate Change and Its Effects in Maine Report including climate change’s expected effects on agriculture and aquaculture in Maine as well as projected sea level rises for 2050 and 2100.

You can also listen to a podcast of this interview on Cheech’s Mixcloud Page.

UFO/UAP - The TRUTH finally revealed

The congress has requested a report describing the military/intelligence community's knowledge of the 'UAP "Phenom"'

The printed report is available as well as an online PDF. Are there any questions?



Are these visitors from another world?

We don't know



Are they foreign high tech assets? Secret stuff ?

again... we don't know



Are they from another dimension? are these people from the future, our future? Most everyone accepts now that they are real and really something! just what are they?

We can reveal without any equivocation or evasion that we do not know



Here is what we know for sure and without a doubt there are known knowns; there are things we know we know. We also know there are known unknowns; that is to say we know there are some things we do not know. But there are also unknown unknowns—the ones we don't know we don't know. This is one of those unknowns....



sec def Rumsfeld in 2002



What dreams may come?

Glen Birbeck

In the category called, "What now?" we find an article in this week's Science Magazine about "Dream Incubation". This drives me to the dictionary. We go not for the word dream but for "incubation". "The time for and the support and encouragement of development". A Hen incubates her eggs. So dream incubation is the encouragement of someone to dream some thing. Who is interested in getting you to dream about something other than numbered sheep? Advertisers. Companies such as Xbox and the beer maker Coors are joining scientists to research the possibilities. Sounds like something from a dystopian classic like 1984 doesn't it? Funny how the elements of our dystopian future fall into place. Big brother had a camera, microphone and speaker in everyone's domicile. We of course would never tolerate the police state envisioned in Orwell's 1984. Instead of Big brother we have his niece, Alexa. The camera is part of our security system. Like Alexa the cameras are connected to the web. The ubiquitous cell phone is within earshot of the pillow we dream on. All the elements are in place but its not slam-dunk. Dreams are notorious for doing their own thing. If we were able to direct our dreams, to be the Spielberg of sleep, we might not want to wake up. Hamlet worried that the "Big Sleep" might have dreams worse than waking reality. I doubt he considered advertising as a possibility. Like ticks and virus, advertisers will plague us and try to invade every part of our waking lives. Now they stalk the border of Morpheus's kingdom. Alarms are being raised but its early. If it were easy we'd be using "Incubated Dreams" already. Is this a threat? don't rush your judgement...sleep on it.



WRFR is community radio in Rockland.

We have been broadcasting 24/7 since 2002.

At WRFR we are all volunteers - now more than 60 strong. We play the music and host the talk shows - and we play what we like and say what we like, subject only to the fcc rules against profanity and our own principle that we must treat all members of our community with respect. We serve also as our own administrators and our own technicians.

We would very much like to have your help! We are open to everyone.

To lean more, go to wrfr.org, or tune in to 99,3 fm in Rockland, or 99.3 fm in Camden

Become a WRFR Sponsor

Sponsoring your local all-volunteer radio station is community service, public relations, and advertising - all for just \$360 a year. We will record a 20-second announcement describing your business or organization and letting our listeners know how to find you. Your message will play at least once a day, every day of the year.

To learn more, email Amie Daniels: sponsorwrfr@gmail.com.

WRFR and The Buzz are supported by these local business sponsors. Please give them your custom!

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Get The Buzz at these Rockand locations: Good Tern Co-op • Dunkin' Donuts • Jensen's Pharmacy • Rock City Cafe • Southend Grocery
The Buzz is composed and printed by the Fellows of The Old School at the WRFR studios, 20 Gay Street, Rockland. Email: wrfr93.3@gmail.com

WEEK SIXTY-SEVEN

COVID-19 RANDOM NOTES WHILE SHELTERING IN PLACE

by Phyllis Merriam

Had to get up at 4 a.m. to pick up my husband from an overnight sleep study at the VA. I stepped outside with my first mug of Rock City Coffee to see the sun rising in the East and heard an owl in a nearby tree. On the drive up Route 17, the mists rising from low-lying areas and ponds looked like Japanese scroll paintings come to life. Wearing his seasonal summer straw hat, an Amish male in Windsor drove his black horse-drawn carriage in the opposite direction. I saw a lot of road apples. It was a peaceful drive with hardly any cars.

We stopped at the Washington General Store for breakfast. This hidden gem isn't far from the Rte. 17 turn off and has items from the affordable to the high-end spectrums and delicious homemade food. The store also carries a wide selection of beer and wine – even from the California Merriam winery, supposedly my husband's distant cousin. The store also carries my favorite greeting cards from Borealis Press in Blue Hill, ME.

I purchased a Borealis Press card with a photo of a cat and the greeting, "We imagine our cats everywhere after they leave..." So true. Sometimes I think I hear our recently deceased senior cats, Girl Cat or BigBoi in the house. But the sounds are the wind or a squeaky door. I saw an article in online news that reported people, who have lost loved ones to Covid, claim to be able to communicate with them. I don't believe in after life communications but I can see why some people do believe.

Publicly revealed contentious emails between current and former Rockland city council members' sets the tone for the June 21st public forum on policing. It doesn't seem to matter who is elected, sooner or later venom seems to rise to the surface.

Lovely sunny days have dried out many Rockland lawns. I resist using my lawn sprinkler as a waste of resources. Sooner or later the lawns return to green again.

Tuesday the humidity evolved into much-needed downpours, especially as the ground was so dry and hard packed, any garden hose watering just ran off.

The upcoming July Fourth holiday will mark the third family gathering since everyone has been vaccinated since last winter. These get-togethers help everyone feel like some amount of normalcy has been realized. Even the male family members' hirsute presentations have changed. Some have grown beards or goatees, while others have shaved their Covid facial hair as symbols of freedom.

Delta, the highly contagious viral variant, has reached Maine with four identified cases. It poses grave dangers to the unvaccinated, two of whom are relatives with whom we've had no success in convincing them to get vaccinated.

