



FREE Blueberry Picks at the Beech Hill Preserve

The “Blues” will be ready early this year!! Coastal Mountains Land Trust invites the public to participate in the 19th annual free blueberry pick. As we did last year, instead of selling blueberries, we are excited to offer over a full week of community free picks, from Saturday, July 19 to Tuesday, July 27 – a wild Maine blueberry extravaganza!

Pre-registration is required in order for us to keep the number of participants per time slot manageable. Please go to our website www.coastalmountains.org and look for the big blue button to register, no phone calls please. Participants should bring their own drinking water and containers. Raking is NOT permitted. Hand washing stations will be available.

Dogs are not allowed. For more information email info@coastalmountains.org.

UAP TO OVNI by Glen Birbeck



Police Review Committee

City Councilor Nate Davis sent us the following:

I've pasted below the text of the order creating a police review committee upon which the Rockland City Council will vote (subject to amendment) this coming Monday evening. If this is of interest to you, please read the order carefully and offer any feedback (or support, or criticism) that you might wish. The best way to offer feedback is to physically attend our meeting at 6pm on Monday at City Hall and offer your comments during the public comment period. Alternately, you can e-mail feedback to City Manager Tom Luttrell at tluttrell@rocklandmaine.gov and request that it be read into the public record.

This will be the primary substantive vote that launches (or does not launch) the committee, so if you do want to offer input, this is the time to do it!

Best, Nate



Lobstering is high speed! Photo - Ron Tesler

IT IS HEREBY ORDERED BY THE CITY COUNCIL AS FOLLOWS:

THAT there is hereby established an ad-hoc committee to investigate ways to improve community policing in Rockland and to report recommendations to the City Council on any actions necessary to facilitate such improvements; and
The committee shall be comprised of seven (7) residents, representing as many different opinions as possible. Once formed, the committee shall elect a Chair from among its voting membership, and shall determine the procedures that the committee shall follow in the completion of its assigned tasks. The committee may have consultants representing various partner agencies and other users serving as non-voting members, and the Mayor or their designee shall serve as a non-voting ex-officio member. Additionally the Police Chief (or designee) and the Fire Chief (or designee) shall serve as non-voting members. The committee shall work closely with the city administration on all recommendations. If necessary the committee may hire a facilitator to help with research and to moderate meetings. It is expected that 12 months may be needed to accomplish the review. If more time is needed, the council may grant it. Once the work of the committee is completed, it shall be dissolved.

The committee is tasked with the hard work of reviewing the city's policing policies and practices to investigate possible improvements. Issues to tackle include (but are not limited to):

- Department hiring practices - Recruitment, qualifications, wages and compensation;
- Training - Types offered/required;
- Officer wellness - Physical and mental health for RPD staff, ensuring a positive working environment;
- Service center- What size and scope of services are right for Rockland?
- Should there be a standing police committee, and if so, what roles should it have?
- Mental Health – How to best provide services, specialized training, partner agencies, resources;
- Anonymous input – Protect vulnerable communities, encourage important feedback, minimize potential for false reports;
- Data – Minorities, biases, arrest data, crime rates, use-of-force data, time of day statistics, etc. How has policing in Rockland changed in 20 years;
- Duplications in local services - Possible collaborative or alternate providers for various community needs, cost/benefit of overlap (i.e., County Sheriff and RPD);
- Transparency - Data collection and sharing with the public, including crime and call stats, complaints and disciplinary proceedings, body camera footage, interactions with the public, etc.;
- Substance abuse and addiction - Specialized training, partner agencies, local resources;
- Use of force - clarity of policy, disengagement or de-escalation policy; and
- Traffic enforcement - Strategies and frequency of enforcement, speeding, pedestrian safety, dangerous intersections, noisy vehicles.



Photos from Hyannis, Mass. by Steve Carroll.

Steve was in Hyannis this week. Last week he wrote "City chooses autos over pedestrians." A comment from a reader follows:

Just want to comment on Steve's article in the Buzz. I wonder why the city hasn't done more? Seems like a no Brainer to me!

Why were ideas just left on the table, who is blocking action from being taken? I have wondered about the downtown business group that Gordon Page started not being as productive or involved due to leadership. I'd like to get involved!

Concerned resident,
Carol Lee Mason

Urania's Mirror returns July 10th



Jude Valentine returns to the airwaves July 10th with her Saturday morning show Urania's Mirror.

Urania's Mirror is the astrology studio and podcast of Urania Muse / Jude Valentine who is a professional artist and practicing astrologer with more than 25 years experience in the study and application of mythology,

numerology, tarot and astrology.

Urania's Mirror airs every Saturday from 9 a.m. - 10 a.m.

Urania's Mirror needs a sponsor! Show your love for community radio, and astrology, by becoming a sponsor of this show.

WRFR is community radio in Rockland.

We have been broadcasting 24/7 since 2002.

At WRFR we are all volunteers - now more than 60 strong. We play the music and host the talk shows - and we play what we like and say what we like, subject only to the fcc rules against profanity and our own principle that we must treat all members of our community with respect. We serve also as our own administrators and our own technicians.

We would very much like to have your help! We are open to everyone.

To lean more, go to wrfr.org, or tune in to 99.3 fm in Rockland, or 99.3 fm in Camden

Become a WRFR Sponsor

Sponsoring your local all-volunteer radio station is community service, public relations, and advertising - all for just \$360 a year. We will record a 20-second announcement describing your business or organization and letting our listeners know how to find you. Your message will play at least once a day, every day of the year.

To learn more, email Amie Daniels: sponsorwrfr@gmail.com.

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Get The Buzz at these Rockland locations: Good Tern Co-op • Dunkin' Donuts • Jensen's Pharmacy • Rock City Cafe • Southend Grocery

The Buzz is composed and printed by the Fellows of The Old School at the WRFR studios, 20 Gay Street, Rockland. Email: wrfr93.3@gmail.com

Much needed rain and cool weather descends on our mid-coast providing relief from oppressive heat and humidity. Some neighbors are using their wood stoves to keep the chill at bay.

I fed the crows peanuts that they love and which won't melt in the rain. One young crow lighted on the ramp railing outside our kitchen window. We were about two feet apart. It's excellent peripheral vision caused it to turn toward me and we stared at each other for a while and then it flew away. I wonder what it thought of our visit.

Few Covid cases in our mid-coast Maine have been reported. People around the country getting the coronavirus have not been vaccinated. Cases in southern states and some rural areas are where the pockets of hospitalizations and deaths occur.

The coronavirus has reminded me to fill out my Maine Advance Directive with my long time family doctor and friend. No treatments, feeding tubes, resuscitations for me if I have an illness that will not get better, cannot be cured and have a terminal condition. It's the compassionate thing to do for oneself and especially for one's next of kin, so that they're not left hanging with little or no information to follow.

The Fourth of July holiday was rainy and cold. So was Labor Day last Year. I wonder what 2021's Labor Day will bring? Someone did fire off lots of fireworks in Snow Marine Park that lit up the South End for all to enjoy. Earlier there was community celebration on Rockland's Main Street. Although fully vaccinated last February, I'm still not ready to venture into packed crowded areas.

The other day I heard what I thought was a nearby drone. I went outside to see a guy in a powered parachute (PPC). He was sitting in a motorized cart soaring way overhead, controlling distance and height with the parafoil. I had never seen one in person. He was high over rooftops and being applauded by his land bound friends.

After awhile, he landed with ease. It looked like fun but too risky for my palate. But who am I to say? 82 year-old Wally Funk, a female American pilot, who once trained to be an astronaut, will soon ride with Jeff Bezos into space. It will be her dreams come true after six decades. Who says bravery diminishes with age? You go girl!

We've had three family reunions with relatives geographically near and far - from California to Tennessee to Florida. It was beyond wonderful to see relatives after more than a year and some much longer than that.

On the actual 4th of July on Monday, a close friend brought her big batch of homemade vanilla ice cream using a hand crank, homemade rich whipped cream, toasted walnuts and the decadent hot fudge sauce made by the famous Herrell's ice cream emporium in Northampton, MA where we went to grad school. These were served over my husband's equally famous brownies. The four of us gorged ourselves into a kind of gourmet oblivion to celebrate the wider freedom of vaccinations and re-joining the world of socializing after such a dreary drought.

