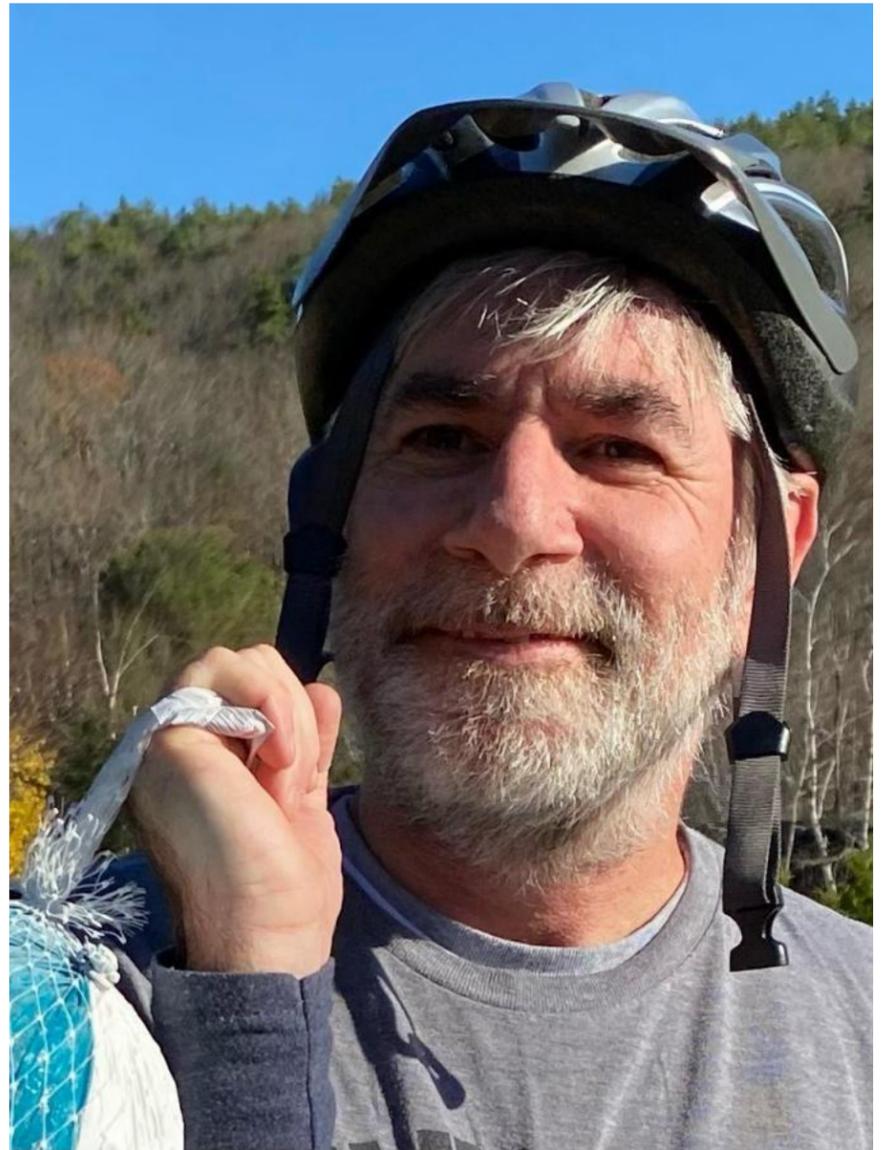




Strand On The Air: Boxing Day Edition

Sunday, December 26, 2021, 5:00 to 6:00 PM

There's no post holiday letdown when you unbox the Boxing Day Edition of the Strand On The Air -- coming to you Sunday December 26th at 5pm! Liz McLeod and the Strand Family Players are back with all the laughs that didn't get lost in the used wrapping paper, Brittany Parker returns with seasonal melodies, Dan Bookham will over a poetic "don't let the door hit ya" to the departing Old Year, and there'll be special musical contributions from returning Strand On The Air favorites mandolinist Jim Coffman and harmony duo Patty Jackson and Rusty Blake. Hear Edith Menhaden tell the story of her priceless 200-year-old fruitcake -- feel the tension as Old Year 2021 engages in a searing debate with Baby New Year 2022 -- and head down to Abysmal Point as Mrs. Grunden tries to make the best of the holiday season. Pour some fresh water in the tree stand, pick on the leftover turkey -- and tune in The Strand On The Air!



Six Questions with DJ John Burns

by Ron Staschak

Recently I interviewed John Burns. And like most deejays, he is passionate about music. I am glad that John has joined our community. His love of life is refreshing.

What do you do at the radio station?

I host a music radio show called Odds and Ends every Friday from Noon to 2 pm.

How long have you been volunteering?

My first show was Thanksgiving weekend 2019, so just over two years now.

Why did you decide to volunteer/why did you want to have a show?

Music has always been a hobby starting from when I was a kid and my older brothers would bring home the latest Beatle 45s, which eventually became Bob Dylan, Neil Young and years later Bruce Springsteen, Warren Zevon, Patti Smith, Graham Parker, Talking Heads, Ramones, Jonathan Richman, etc. My wife and I moved to Camden three years ago, and 99.3 caught my ear with its diversity of music and an hourly call for volunteers. Even though I've had zero experience with this kind of thing, I emailed the station, got the orientation from David Dyer, and off I went. My radio show draws from those early influences as well a search for new music with a message or just an upbeat, fun, feel- good sound. It's a lot of fun to have some loyal listeners and a good way to keep in touch with old distant friends who can stream the WRFR live feed.

Other than the show you host, what is your favorite show?

There's a lot of variety WRFR. DJ Chuckee on Tuesdays always has something interesting. The Bonnie Farmer has good selections and Christine Murphy's Dublin to Dingle is a show with Irish tunes that you don't hear anywhere else. Also, I should mention The Flip Side, those guys are a hoot.

Is there a question I should have asked you?

Where did the name of your show come from?

Thank you for your answer.

It's a Bob Dylan song from one of my favorite albums: "The Basement Tapes". Odds and Ends, Odds and Ends, Lost Time is Not Found Again.

Tuesday 12/21 at 8 p.m.
 Thursday 12/23 at 7 a.m.

The premiere of Tom Albury's musical rendition of The Night Before Christmas

Only on Cheech's Radio Hour

WRFR-LP
 93.3 FM Rockland
 99.3 FM Camden
 Streaming at www.wrfr.org

Join Cheech **Tuesday December 21st at 8 PM or Thursday at 7 AM** for a musical rendition of "The Night Before Christmas" performed by Tom Albury. Keep listening afterwards for classic Christmas music that will get you in the Holiday Spirit.

WAKING THE DEAD HOLIDAY SHOW
 MONDAY
 DEC 20TH
 12-3 PM

Monday
December 20, 2021
12:00 to 3:00 PM
On the Airwaves!
WRFR-LP 93.3 fm

Heathen is the reason for the Season! Tune into Waking the Dead with Steve the Friendly Heathen for 3 hours of Rock, Metal even some Folkish Holiday music. Monday December 20th 12-3pm. Blessed Yule.



Thursdays 10 AM - 12 PM on WRFR! Dublin To Dingle will be playing a bit of Celtic holiday music during each show in December, with a full Celtic Christmas show on December 23rd.



Grey Owl is now a Night Owl! Moving to Mondays 10-11 p.m.

Grey Owl is moving from its early bird spot to late nights. If you've ever thought to yourself, "Man, I wish WRFR had a show on right now playing primarily old-time and bluegrass music. That would be wonderful," then tune in Monday at 10 p.m. and your wish will come true!



Your thoughts and art are always welcome at the Buzz Email Joe: steinberger@gwi.net, or call me: 596-0731

Become a WRFR Sponsor

Sponsoring your local all-volunteer radio station is community service, public relations, and advertising - all for just \$360 a year. We will record a 20-second announcement describing your business or organization and letting our listeners know how to find you. Your message will play at least once a day, every day of the year. To learn more, email Amie Daniels: sponsorwrfr@gmail.com.

WRFR is community radio in Rockland

We have been broadcasting 24/7 since 2002.

At WRFR we are all volunteers - now more than 60 strong. We play the music and host the talk shows - and we play what we like and say what we think, subject only to the fcc rules against profanity and our own principle that we must treat all members of our community with respect. We serve also as our own administrators and our own technicians.

We are open to all and would very much like to have your help! To learn more, go to wrfr.org, or tune in to 93.3 fm!



Local Talk Radio (and TV)

With Hosts Joe Steinberger and Steve Carroll Wednesdays, 5-6 pm on WRFR 93.3 and MCTV Ch. 7

On the Metro show we consider all matters of importance to our community, we think for ourselves, we say what we think, we listen to each other, we reconsider, and we have fun doing it! You are invited to join in as a guest in the studio or on the phone. Just stop by the WRFR studio at 20 Gay Street at 5 pm on a Wednesday, or call in to 593-0013. For more info, call Joe at 596-0731.

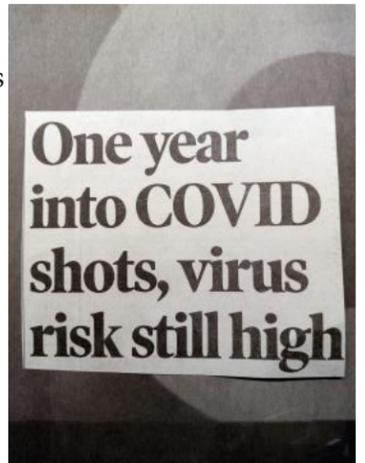
800,000 Americans have died of covid in less than two years. 392,393 Americans died in WWI, WWII and Vietnam combined, according to the US Dept. of Veterans Affairs. Americans were astounded and decried so many deaths. The new corona virus deaths don't seem to raise any similar alarms. Could that be because we are a youth oriented society and the majority of deaths are among those aged 65 & older?

I hadn't seen Broken Wing for several days and wondered if she had suffered some mishap. Today, when I put out the remnants of a pot roast, she and four other crows swooped down and stuffed their beaks. Have I become fond of these crows because of covid and its isolating factors? Or are they so fascinating and intelligent they distract me from distresses in the human world?

I got up before sunrise to enjoy my first mug of coffee on the side porch. The Big Dipper has moved from resting on my neighbor's roof to in between our homes as it gradually moves west with our earth's rotation. By my second mug of java, the "rosy-fingered dawn," as described in Homer's Odyssey, made her appearance as Eos, the goddess of dawn.

I'm not a big fan of Christmas. It has evolved into mass mailings of catalogues clogging our mailbox, non-stop buying ads, Black Friday and monster Monday merchandise, and saccharine Christmas TV shows. I do like the lighted Christmas trees atop the masts of local schooners moored til spring and Rockland's Christmas tree created with lobster traps and buoys. The upcoming holidays seem meaningless when I see news reports of the massive devastation, towns mostly destroyed, deaths and human trauma in Kentucky from tornadoes.

Writing about all this bad news just raises my anxiety. I'm taking a news diet to prepare a warm and savory soup of split peas, leeks, potatoes, carrots, celery and ham with chicken stock, fresh dill, salt and pepper and think positive thoughts.



- American Legion Post 1 • Apache Boat Works • The Apprenticeshop • Astrology with Ananur • Bay Chamber Concerts & Music School • Bay Chiropractic • Blues Festival • Brio Promotions • Brooks Trap Mill • Bufflehead Sailing Charters • Burpee, Carpenter & Hutchins Funeral Home • Cafe Miranda • Camden Conference • Camden Harbor Cruises • Camden National Bank • Camden Opera House • C'est la Vie Consignment • Chartrand Imports • Courier Publications • Dead River Company • Dowling Walsh Gallery • Eastern Tire • Eric Gabrielsen • First National Bank • Frantz Furniture • The Free Press • Genuine Automotive • Gilman Electrical Company • The Good Tern Co-op & Café • The Grasshopper Shop • Guini Ridge Farm • Home Kitchen Cafe • Jensen's Pharmacy • Jess's Market • K & P Speed Shop • Knox Village Soup • Maine Street Meats • Maine Coast TV • Maritime Energy • Mountainside Services • Mid-Knight Auto • Monhegan Boat Line • Peaceful Passage • Pen Bay Pilot • Pen Bay Medical Center • Red Bird Acupuncture • The Ripple Initiative • Rock City Employee Cooperative • Rockland Family Dentistry • Rockland Savings Bank • Sammy's Deluxe • Samoset Resort • Schooner Bay Printing • Side Country Sports • Southend Grocery • State of Maine Cheese • Strand Theatre • Swan Restorations • Suzuki's Sushi Bar • Tea Printers • Toshie Ichianagi Tesler, CPA • Viking Lumber • Wayfinder School • Well and Good Natural Medicine • Willow Bake Shop • The Zack Shack

Get The Buzz at these Rockand locations: Good Tern Co-op • Dunkin' Donuts • Jensen's Pharmacy • Rock City Cafe • Southend Grocery

The Buzz is composed and printed by the Fellows of The Old School at the WRFR studios, 20 Gay Street, Rockland. Email: wrfr93.3@gmail.com