

## Early in a budding romance

by Phil Crossman

Early in a budding romance, I called my intended to offer reassurance and encouragement at just the right moment. Since every moment in the budding stage is the right moment, I could hardly go wrong and I didn't. It was nervy of me though. Her boyfriend, slow to exit, might have answered and that would be awkward. He did, as it happened, and it was, but he was quite gracious. He called her to the phone and removed himself. "I hope you don't mind my calling you there," I said. "No," she replied, "your call is very important to me." It was such a moving acknowledgment; I remember it clearly and savor it although, amidst the onslaught of organizations who cavalierly offer the same assurance it's becoming more and more difficult to remember how precious those words once sounded.

Today the IRS told me the same thing fifty-three times in ninety-two minutes. Fifty-three times I was also reminded that all their agents were busy assisting other taxpayers and that my conversation, in the unlikely event one ever took place, might be recorded to ensure quality control and for training purposes. By the time an hour had elapsed I was very eager indeed to provide them with a recording by which they might assess quality control and with which they might advance training. I was further admonished, fifty-three times, to remember that my call would be answered in the order in which it was received, and that I was not to hang up because such a rash action would only result in my being bounced back to the end of the line where my mood was not likely to improve. And fifty-three times too I heard the first eighty-one seconds of Pachelbel's Canon played on a moog synthesizer. During minutes eighty-one through eighty-eight I visited the bathroom and, taking the cordless phone with me, hoped against hope that my chance would come during that appropriate interlude, when opportunities to expand on my frustration were so bountiful. It didn't but during the ninety-third minute a voice interrupted the fifty-fourth rendition of Pachelbel's Canon and said "You have reached the internal revenue service conflict resolution center. For English press 1."



## Screening of Unapologetic at Rockland Public Library April 14 at 6 p.m.

The Rockland Public Library presents a screening of Unapologetic by Ashley O'Shay and Morgan Johnson, on Thursday, April 14, at 6:00 p.m. This event is free and open to all.

Meet Janaé and Bella, two fierce abolitionists whose upbringing and experiences shape their activism and views on Black liberation. Told through their lens, Unapologetic offers an inside look into the movement and ongoing work that transformed Chicago, from the police murder of Rekia Boyd to the election of mayor Lori Lightfoot.

This event is a collaboration with the award-winning documentary series POV ([www.pbs.org/pov](http://www.pbs.org/pov)).

This program will be shown simultaneously in the library's Community Room and via Zoom; the Rockland Public Library is located at 80 Union Street. For more information or for links to attend via Zoom, please email [elewis@rocklandmaine.gov](mailto:elewis@rocklandmaine.gov) by 4 p.m. on April 14 and identify the event you are interested in attending in the subject line.



## Jeremy Lee WRFR DJ

by Ron Staschak

Jeremy Lee is what WRFR is all about. Combining his computer skills and his love of music, he is an indispensable addition to WRFR. Listening to his show - Euphoria (Saturday morning from 1am-4am) is an experience. Jeremy has created a show that is dreamlike.

1) *What do you do at the radio station?*

I am a volunteer that hosts a show called Euphoria Music Show, I also help with the computer diagnostics.

2) *How long have you been volunteering?*

I have volunteered from 2003-2006 (fall) then came back in 2016 and have been on the air since.

3) *Why did you decide to volunteer/why did you want to have a show?*

I love music and was a mobile DJ as a kid back in 1999 and found out from the locals that there was a radio station. I went to the station weekly meets with Joe Steinberger and Barry Pretzel, I think Phil Seitz was there too. This led to a show known as The Blender Mix which ended in 2006, this show consisted of adult contemporary hits mixed with music around my age group back then which was Hip-Hop/R&B. When I returned, I started a show called Euphoria Music, which later became Euphoria Music Show. This show is directly inspired by Armin van Buuren's A State of Trance and Above & Beyond's Trance Around The World. It has grown immensely and I have a few followers on the show's twitter page that would be known as some as Trance Producers from the EU. The show was Monday's from 9 to Noon done live and now later is on Saturday's from 1AM to 4AM, prerecorded from my home studio. My main goal is to remain on WRFR and to eventually spread out to SiriusXM on the BPM Channel, this is a work in progress. The current music that is played on Euphoria is Progressive EDM, house, and Trance.

4) *Other than the show you host, what is your favorite show?*

Tami Lynn Lady of the 80s and Waking the Dead with Steve the friendly heathen.

5) *Is there a question should have asked you?*

None additional :)

Great follow up question.

6) *Have listened to Armin van Buuren's A State of Trance. Can you tell me more about his music?*

I have always been a fan of Armin van Buuren since he started back in the 90s and now is an icon in the music industry, especially in the Trance music industry.

As you have noticed from listening to his music, it is very moving, creates a strong dreamscape, sets a dream. This is exactly why I name my show Euphoria. He still inspires me by creating new tracks every week, he always has something new, this is the love of trance music.

He hosts his show, A State Of Trance, with a co-anchor, Ruben De Ronde who is a trance music producer as well, their music as well as the industry of EDM is like one happy family, which recently was labeled the happiest genre of music, trance being it.

People think of EDM being just for working out, try trance and close your eyes in a dark room with a fan blowing against your face..... It's Euphoria.

## A Penny For Your Thoughts

by Chris Wolf

Ten years ago, Canada took a bold step with the penny - Ten years ago this week (March 29, 2012) the Canadian federal government announced in its budget that it would withdraw the penny from circulation in the fall of 2012. The budget announcement eliminating the penny cited the cost of producing it at 1.6 cents. The final penny was minted on the morning of May 4, 2012 and was later entrusted to the Bank of Canada Museum in Ottawa. On February 4, 2013, the Canadian Mint began melting down the estimated 35 billion pennies that were in circulation.

## Rockland Police Department sponsors BOLAWRAP 150 Demonstration

To All Law Enforcement Agencies command staff and training officers, county commissioners, city councilors, town select officials, city and town Managers, Police and/or Law Enforcement review or oversight committees, local community members.

You are cordially invited to join the Rockland Police Departments sponsored presentation and demonstration of the BOLAWRAP 150. The event will take place on May 26th, starting at 9:00 am, at the City of Rockland Council Chambers (270 Pleasant Street, Rockland Maine) and it is FREE!

Today's Law Enforcement is consistently engaging with people in Mental Health Crises and violence, or drug and alcohol induced crisis and violence. The non-lethal tools Law Enforcement currently have to take people into custody or stop a threat rely on some form of pain compliance (physical defense techniques, OC spray, Batons etc.) and/or disruption of the neuromuscular system (Tasers).

BOLAWRAP 150, is a new and we hope an effective device that can immobilize a person with no pain involved; allow Law Enforcement to take a person into custody without causing injuries to the person or to Law Enforcement officials.

This device could be a significant and effective reduction in Liability, Use of Force and a safer way to address taking people into custody or protective custody who are presenting violence or the potential of violence with their mental health crisis or other causes of violence.

Please come and listen to this information with us and see the demonstrations in person. We want Agencies to see the information so you can make your own determinations on the validity and effectiveness of the device and its worth. To register for the Demonstration please follow this link: <https://wrap.tovuti.io/events-page/demo/demo-rockland-police-department-me>

Law Enforcement Agencies who might be looking to purchase this device for deployment in the future, we have a special 5-hour INSTRUCTOR training course (sworn LE personnel only) that will begin after the presentation and demonstration. The certification will be valid for 2 years. If you would like to have your own instructor at no current cost, they must stay for this one-time training event and register by following this link: <https://wrap.tovuti.io/events-page/ttt/instructor-training-rockland-police-department-me>

NOTE: The Rockland Police Department is not sponsored by the company Wrap nor does the Rockland Police Department sponsor Wrap. The Rockland Police Department is looking for new and effective ways to address mental health issues while reducing the force required to address these issues. As a result, we have coordinated with Wrap to put on a presentation and demonstration of their product and because they are based out of Arizona, the Rockland Police Department has chosen to invite you to attend this presentation and Demonstration of the BolaWrap 150 as we believe it may be of value to other agencies in Maine.

Demonstration seating is LIMITED so please RSVP by registering at the above link. Instructor training is limited to the first 30 LE officers so please register at the above link.

Please forward this email to entities you believe will benefit from seeing the presentation and the Demonstrations.

If you have any questions please feel free to reach out to me  
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### Join the Metro Show Wednesdays from 5 to 6 pm

The Metro show is a discussion on WRFR radio and MaineCoast TV of topics of importance to our community, be they local or global. We have been experimenting lately with an open Zoom format, The Zoom link is posted at [wrfr.org](http://wrfr.org) under programs/shows/Rockland Metro. This week we will begin with a discussion of "What to Fund?" - law enforcement vs social services, and the work of Rockland's Police Review Committee.



Join us as a listener, viewer, or Zoom participant.

### Become a WRFR Sponsor

Sponsoring your local all-volunteer radio station is community service, public relations, and advertising - all for just \$360 a year. We will record a 20-second announcement describing your business or organization and letting our listeners know how to find you. Your message will play at least once a day, every day of the year. To learn more, email Amie Daniels: [sponsorwrfr@gmail.com](mailto:sponsorwrfr@gmail.com).

### WRFR and *The Buzz* are supported by these local business sponsors. Please give them your custom!

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*The Buzz* is composed and printed by the Fellows of The Old School at the WRFR studios, 20 Gay Street, Rockland. Email: [wrfr93.3@gmail.com](mailto:wrfr93.3@gmail.com)

## WEEK ONE HUNDRED-SEVEN

COVID-19 RANDOM NOTES WHILE SHELTERING IN PLACE

by Phyllis Merriam

The rain has brought about a dozen seagulls to the grassy areas of The Harbor Trail where they forage for worms. They always line up in the same direction, like a military formation, as they move as one along the trail.

Driving along Rte. 17 to Augusta, I noticed Chickie's ice has completely melted, while ponds still had discs of rotting grey ice that wouldn't even support a bird.

Lots of road apples forewarned me that I needed to slow down for two Amish buggies, neither of which had orange reflective triangles to warn drivers to be cautious. There have been car-buggy collisions in the Unity, Whitefield Amish communities. I wish the Amish would use these triangles and wish we English would be more cautious. I would love to have a ride in an Amish buggy.

The Russian war on Ukraine is now in the fifth week and likely to continue much longer. At least six Russian generals have been killed and one Russian unit ran over their general's legs in retaliation for losses of their comrades. Ukrainians are trying to gather up the Russian dead and load them in refrigerator trucks to be sent back to Russia. There are news reports that Putin's Army brought portable crematories so Russian mothers won't know what happened to their sons.

Fellow mid-coast contributors have successfully transferred \$1,000 to a Ukrainian support group that receives and distributes humanitarian aid that this group then redistributes to their fellow Ukrainians. We will continue to provide support.

This morning's dusting of snow is a reminder that surviving Ukrainians in Mariupol have to melt snow in order to have something to drink, as Russians continue to obliterate their city that looks flattened, and where thousands of civilians have been massacred. Putin's spokesman claims the city has been over run by Nazis who use civilian homes to shoot at Ukrainians. Hundreds of hours of video put that crazy Putin theory on the Doesn't-Meet-the-Straight-Face list of Russo centric propaganda.

Local papers are now putting news of Putin's War on the back pages. Are people losing interest with their short attention spans?

Woke up early this morning to bring my first mug of coffee to enjoy in the fresh air where I saw the sliver of the new moon. I wonder if Ukrainians can see the new moon amidst all the bombings, smoke and fires.

Newscasters report Putin's people are saying there is "some progress" in peace talks. They don't get it. Whatever Putin and his propagandists say, they mean the opposite. Lavrov-The-Liar isn't looking so suave these days. He used to swan around Washington, especially during the reign of our last president. Now, Lavrov's face is looking pinched and diminished. (Spell check wants me to change his name to larva.

Sounds appropriate.)

Biden referred to Putin as a war criminal who shouldn't be in power. While I assume Biden was expressing his off-the-cuff personal feelings, Putin's War reigned down more missiles shortly thereafter.

The Sunday NYT's magazine had photos and quotes from some Kyiv residents. One stood out, in particular, for me: Valeria Ganich, a supermarket cashier and screenwriter, who has been surviving in an underground subway station, said, "NATO is hiding behind the bodies of Ukrainian soldiers and civilians."

