

Apprenticeshop 50th Anniversary Celebration



by Rachel Davis

The Apprentice Shop turns 50 and we are celebrating all week long!!!

Founded in 1972 by Lance Lee, The Apprenticeshop has become an important part of the Rockland community and waterfront. Home to boat building, sailing, youth and adult programming, workshops, community and general creativity, it offers all people a place to explore their abilities. Join us during the week of the 17th to the 23rd July for free sailing, tours, an exhibit, demonstrations and so much more!!



For a full schedule of events, see our website

www.apprenticeshop.org/50th-anniversary

Here are some highlights...

Sunday: Party on the Pier (5-8pm)

Monday: Alumni Happy Hour at Lulu's Gelato(5:30—8pm)

Tuesday: Sail Cinema on the Pier (9—11pm)

Wednesday: Untraditional Regatta (1—5pm) - Texas BBQ (5—7)

Friday: Free Community Sail (5—7:30pm)- UpRoot Pizza, Pour Farm Beer and Music by Trapper Haskins and Kate from Skylark (7—9pm)

Saturday: Susan Skiff Raffle and Silent Auction (5—6pm) - Closing Bonfire with Music by Trapper Haskins and Split Willow (6—9pm)

Whether young and searching, retired and rethinking, starting out or shifting direction, The Apprenticeshop gives the space to make something beautiful and functional, develop ones skill in craft and sail, interact with each other and grow in a way that is not often offered by the current digital trends. Come help us celebrate our past and look toward an exciting future!

It's Fair Season!

Visit WRFR's Community Calendar on WRFR.org for a schedule of Maine Fairs!



Have an event for the calendar?

Email press@wrfr.org



interview with Scott Kinnamon

by Ron Staschak

I had the great pleasure of listening to Scott Kinnamon this afternoon -Odd Sensibilities 3-4 pm on Friday. What a great addition to the WRFR line-up. The show today was themed around summer. And despite the introduction I did not hear anything that I never want to

hear again. Scott had a great mixture of old and new songs and filled it in with his amazing stories and dialog. It is my hope that this show is made into a podcast, so I can enjoy it anytime.

What do you do at the radio station?

I am about to start a weekly show called Odd Sensibilities. It'll be a widely eclectic mix spanning time, genre and mood, a journey exploring the world and the space between your ears.

How long have you been volunteering?

Just beginning.

Why did you decide to volunteer/why did you want to have a show?

Music has been my first love since I was a child. I have spent much of my life pursuing music and musical experiences. I have been the Music Curator at a contemporary art museum and a DJ at a Jazz Station. I have spent decades creating mixtapes, playlists and been to hundreds of shows.

I am also a big fan of community radio.

Other than the show you host, what is your favorite show?

I like many shows on WRFR. The variety is fantastic!

I look forward to Random Rules and the Algorithm thinks I'm Gay.

Is there a question I should have asked you?

What music gave you epiphanies as a child?

Okay, What music gave you epiphanies as a child?

The first music which I remember moving me was the soundtrack to Hans Christian Anderson featuring Danny Kaye with Tubby the Tuba on the flip side of the record. Around 5 or 6, I became obsessed with West Side Story (still am). The first song I remember hearing on the radio was Petula Clark's Downtown.

As a young adolescent, my musical world exploded when I discovered Sly and the Family Stone, Stevie Wonder, Patty Smith, Jazz and so much more.

When will your show be broadcast? Will you have a podcast?

Odd Sensibilities will be on every Friday afternoon from 3-4 except the first Friday of every month. It is my hope to eventually have a podcast.

What do you hope listeners will say about your show?

I'd love them to say, "That was fun!", and "Wow, I didn't know that!"

I hope that listeners to my show will find a bit of the joy that music can provide. I'd love to elicit smiles, goosebumps and, perhaps, the occasional tear.

What is the most beautiful place you have been? Why do you consider it the most beautiful place?

So many beautiful places. Certainly, mid-Coast Maine is up there. As is the Amalfi Coast in Italy, a number of beaches in Aruba, and various lovely neighborhoods in Buenos Aires, Barcelona, Montreal and New York City.

Join the WRFR/Buzz team

Radio station WRFR and our magazine, the Buzz, are all-volunteer efforts. We are open to everyone, and we need your help.

Do you have skills that could help us give voice to our Rockland community? Then give me a call: 596-0731, or email steinberger@gwi.net. - Joe

Learn About Rockland's Wilderness



Free and open to all: the Rockland Public Library presents Marie McNeely. **Thursday, July 21, at 6:30 p.m.**

Learn about the largest peatbog in MidCoast Maine. Marie McNeely, Director of Partnerships at the Georges River Land Trust, will offer a talk on the underappreciated value of peatbogs and acquaint you with the Rockland Bog, a giant sponge that stores carbon and mitigates the effect of climate change. You'll also learn about the lore of bogs around the world and about the Rockland Bog's history. The wilderness around the Rockland Bog has been a favorite of local bikers, hunters, and outdoor enthusiasts for generations. It's home to waterfowl, wading birds, deer, beavers, rabbits, and even a rare dragonfly. The Georges River Land Trust is working to conserve the area around the bog; join us to learn more about their efforts and uncover the mysteries of this often overlooked local treasure.

Marie McNeely is Director of Partnerships at the Georges River Land Trust. Her background includes a 20+ year career leading global advertising and marketing efforts at New York City ad agencies. For the past five years, she's been a consultant for nonprofits in Boston and Washington D.C. She lives in Owls Head.

This event will take place in the library's Community Room, with limited seating, and simultaneously streamed via Zoom; the Rockland Public Library is located at 80 Union Street. For more information or for Zoom links, please email elewis@rocklandmaine.gov by 4 p.m. on July 21 and identify the event you are interested in attending in the subject line.



The Rockland Metro Show Wednesdays from 5 to 6 pm on WFRF and MaineCoast.tv

On the Metro Show we try to have the conversation America needs today, Co-hosted by Steve Carroll and Joe Steinberger, the show features lively, friendly and constructive conversations between people from different backgrounds and political perspectives. Listen or watch, and call 593-0013 with your questions and comments.

Become a WFRF Sponsor

Sponsoring your local all-volunteer radio station is community service, public relations, and advertising - all for just \$360 a year. We will record a 20-second announcement describing your business or organization and letting our listeners know how to find you. Your message will play at least once a day, every day of the year. To learn more, email David Dyer: sponsorwfrf@gmail.com.

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Get The Buzz at these Rockland locations: Good Tern Co-op • Knight Marine • Jensen's Pharmacy • Rock City Cafe • Southend Grocery

The Buzz is composed and printed by the Fellows of The Old School at the WFRF studios, 20 Gay Street, Rockland. Email: wfrf93.3@gmail.com

WEEK ONE HUNDRED-TWENTY-TWO

COVID-19 RANDOM NOTES WHILE SHELTERING IN PLACE

by Phyllis Merriam

Leaving an Augusta appointment, I had to come to a full stop to let a large gaggle of Canada Geese and their flocks cross the parking lot. It was the same gaggle from a few weeks ago but this time the chicks were so much bigger. One adult acted as the sentry to ensure safe crossings. Either the goose or the gander stared me down until the last gosling made it to safety. Geese must be more intelligent or protective than we credit them.

Another Maine baby has died. The one-year old boy drowned in a water-filled storage bin at his home. This is the 31st Maine child death in about 18 months.

We've been having some lovely weather over the July 4th holiday weekend and tourists are flooding our mid-coast. Gas prices don't inhibit travel. They are swarming the grocery stores. I switched to another store that, so far, less crowded and has better fresh produce on shelves that haven't been ransacked.

SCOTUS will change the social justice landscape for decades to come with their conservative political agendas that do not reflect the wishes of the majority of Americans. Chief Justice Roberts seems to hold no sway. That there is no oversight of SCOTUS and the justices have lifetime appointments, which was a grave mistake from the beginning.

There have been an average of 11 mass shootings per week in America. America's days and weeks are now marked by mass shootings by alienated, depressed and suicidal young White males with combat grade assault weapons. TV Talking Heads and politicians blame the mentally ill when our fellow Americans with mental illness are far less violent than most other people.

This morning I awoke around 4 AM and couldn't get back to sleep. So I made my favorite java brew and went onto the side porch to enjoy my coffee and watch the sky brighten. Just then a large grey fox trotted from our backyard, passing by the porch about five feet from me. It trotted into the rose bushes across the street and I lost sight of the fox. It then emerged, crossed the street onto our other driveway and then trotted down the Harbor Trail, stopped and we stared at each other for a while. The fox looked healthy and beautiful with its large brush.

Two crows in the Big Maple cawed their alarms while the fox crossed the street again to stare at my neighbor's patio, then trotted up the street and disappeared. Not exactly like Aesop's Fable of the fox and the crow. Our local crows are too clever by far to be seduced by any foxy flattery.

My neighbor has seen two lovely fawns in her backyard and deer tracks by her bird feeder. We residents are fortunate to have such wildlife in our city neighborhood.

Boris Johnson, Britain's cringe-worthy Prime Minister, has resigned after most of his cabinet quit and the Conservative Party pulled the rug out from under his obfuscations. At least the Brits don't put up with lying politicians for very long. Whereas across the pond, our lying politicians get easy passes and are even elevated to the highest office.

Today Brittney Griner, WNBA champion and two time Olympic gold medalist, pled guilty in the Russian kangaroo court to having two vapes containing small amounts of cannabis oil. Videos of the handcuffed Griner being led to and from the court high light her 6'9" stature as she towers over her captors. With renewed tensions between Russia and the USA, she is being used as Putin's pawn in his international maneuvers.

The iconic Dorman's Dairy Dream has re-opened under the new ownership of Shepherd's auto dealership next door. The same ice cream recipes are on offer. I know it's a very popular summertime venue. The hallmarks of excellent ice cream, in my experience and opinion, are the vanilla and chocolate. The vanilla is too sweet and the chocolate too weak. There. I've said it. I'll probably be subjected to a public stoning.

