



Rockland Metro Magazine

"The Buzz"

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Our New City Councilors



Adam Lachman

I am running for city council because I care deeply about our city and I am concerned about our ability respond to the unprecedented challenges that are affecting the quality of life for far too many Rockland residents. Issues such as a lack of accessible housing, the unsustainable tax burden, and absence of municipal revenue solutions are creating a Rockland that is increasingly unaffordable for families, hardworking individuals, and those who have historically called Rockland home.

Working in my night job at Ada’s Kitchen, I hear from coworkers and residents in our community about their increasing concern regarding the ability to raise a family and to continue to reside in our city. Stories of a single mom who has been repeatedly displaced from her home due to rising rents or working seniors who thought Rockland would be where they could retire.

Having spent my life working to improve the lives of Mainers by bringing resources and results to communities around the state, I am uniquely qualified to bring clear and balanced solutions to help strengthen Rockland’s future. In my capacity leading Senator King’s economic work for over a decade, I work directly with communities across our state to strengthen local infrastructure, invest in youth, improve access to mental health services, and address many of the same complex challenges that we face here in Rockland.

After attending almost every city council meeting over the last 3 years and listening to residents of all ages and backgrounds, it is obvious that we need to better align community priorities with the work of the council. From housing, property taxes, substance abuse, to the need to invest in our youth, the priorities are clear. We need better public engagement between council and the community – one that is more inclusive of all Rockland residents and provides the critical input to inform the action we need from council.



Like most other Rockland kids, I grew up with salt water in my veins, looking for crabs at low tide, begging for Saturday afternoon ice cream from Dorman’s, playing Tiger basketball (not very well) and hanging out with friends at the Rec Center or football games. My first jobs were at Dunkin’ Donuts and Shop n Save, and I actually remember what it was like to say, “Camden by the Sea, Rockland by the Smell.”

After high school, I looked around, and didn’t see a lot of opportunity, so, as much of Rockland’s youth does today, I left. I attended college, did a lot of traveling around the world, worked in every job imaginable, and in searching for my place, I learned that my heart was always in Rockland. Now, here I am, raising my own family, just two streets over from where I spent many spring nights lulled to sleep by the smell of lilacs and the distant tone of the Breakwater.

As a City councilor, I believe it’s immediately important to continue the work to address affordable housing in Rockland, because this central issue impacts so many opportunities for growth and resiliency. An effective approach would be multi pronged and impact change in the shorter term; looking at ways to ensure that the people who already live here stay (think e-bikes, access to wifi on Main St, places to work outside or socialize and charge a device), medium term needs that address the possible development of city owned property (small apartment complexes, tiny home communities, etc), and longer term needs that include grant writing and development of larger projects (think of larger apartment buildings with common spaces, laundry facilities, etc).

Within the 2022 draft proposal for the Comprehensive plan it says that Rockland was built with its back to the harbor, and I believe that is probably true. The Rockland City

WRFR Rock-A-Thon

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Adam Lachman, cont.

If elected, I will listen to our community and use my proven economic development experience to help Rockland be in a better position to manage its future. It is our duty to create opportunities for all Rockland residents. We need to attract investment to our city and find new sources of revenue to increase accessible housing, improve our infrastructure, grow our tax base, support workforce development, and protect our working waterfront and environment.

Rockland has always been a place of economic resilience, opportunity, and creativity. We need leadership focused on unlocking our next phase of sustainable growth and innovation while staying within our means and focused on the core needs of Rockland. We need a voice on council that will be committed to the needs of the community and work collaboratively on common goals that improve our city. I believe that Rockland’s best days are ahead and it would be an honor to use my experience to maximize opportunities that benefit all members of our community.



“Life is a Highway”
Just Rae with a mix of music, interviews, Holiday Specials, Comedy and more, every Tuesday morning from 9am-10am.



The Rockland Metro Show
Wednesdays from 5 to 6 pm
on WRFR and MaineCoast.tv

On the Metro Show we try to have the conversation America needs today, Co-hosted by Steve Carroll and Joe Steinberger, the show features lively, friendly and constructive conversations between people from different backgrounds and political perspectives for the conversation America needs today. Listen or watch, and call 593-0013 with your questions and comments.

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Get *The Buzz* at these Rockand locations: Good Tern Co-op • Knight Marine • Jensen's Pharmacy • Rock City Cafe • Southend Grocery

The Buzz is composed and printed by the Fellows of The Old School at the WRFR studios, 20 Gay Street, Rockland. Email: wrfr93.3@gmail.com

Council is one that has to be dedicated to preserving Rockland’s waterfront heritage while working efficiently to ensure that we are agile to adjust to the needs of tomorrow. As a Senior Vice President at Bank of America with a 20 year career that focuses mainly on the end to end management of multi million dollar projects, I believe that my professional experience makes me uniquely qualified to help Rockland move forward and accomplish a lot of strategic goals over the next three years. Specifically, taking the recommendations of the comprehensive plan, and creating a road map for strategic initiatives that will help to achieve short, medium and long term goals and show the community that their tax dollars are funding projects that secure the future of Rockland. I hope to provide a lot more transparency and use the feedback from the “Heart and Soul” project as my guiding principles, to make sure that the voice of Rockland residents are stitched directly into everything I do.

Hard Bop Lounge
Wednesday 1 PM - 3 PM



Hard bop refers to a style of jazz that appeared in the early 1950’s, reached its peak in the late 60’s and then fused with other jazz and pop idioms. I’ll explore the various roots of this genre, the stellar musicians who crafted the sounds, and the legacy of excellent recordings.



The Problem with Civilization

Buzz Editorial

Modern human beings, people with brains like our own, have been living on this earth for at least 40,000 years, perhaps much longer. We know little about these ancestors, just what we can glean from cave paintings and artifacts, until about 5,000 years ago, with our first written records.

These first written records are from Egypt. They are government records, and they tell us that the Pharaoh was God - not God’s messenger or elect, but God himself. Today we are disinclined to believe this, but back then it was death to doubt it.

How did we get to this pass? We can only speculate. The Nile valley is large and wonderfully fertile, but too dry for agriculture - without irrigation. As people learned to build irrigation canals, food could be grown in abundance and the population grew. The irrigation system, and a system of land rights, trade rights, etc., required organization. Somehow it did not end up as a grand commune of equals, but with one man being God, and everyone else his servant, or slave.

Fast forward 2500 years. We are in Athens, a democracy. Not exactly like our American democracy, there were lots of people who did not qualify for citizenship, but a real and beautiful democracy. Beautiful in many ways, in the art and literature it spawned, and in the ideas which have inspired people ever since. It was also an extremely effective way to organize, and spawned a Mediterranean civilization of which Rome, and then modern Europe and America, are heirs.

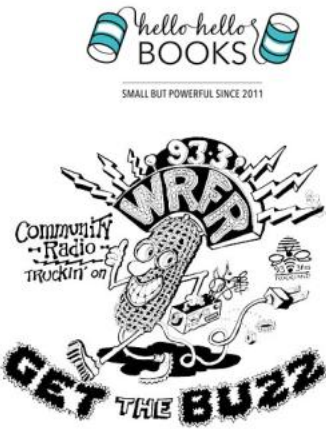
Despite the rise of democracy, however, it has always been precarious. It seems that those same forces that led to the Pharaoh being God are constantly at work, pushing toward the power of the few at the expense of the many, and corrupting democracy in a spiral of power begets wealth begets power.

Today in the US we are definitely spiraling down. The wealth gap between the haves and the have nots has been growing for fifty years. The power of the haves is on the rise, while homelessness and despair are overtaking a growing part of the population.

What is that something that sometimes puts democracy ahead of autocracy and oligarchy? Whatever it is, we need some now.

The Double Entendre Roots Hour

Wednesday 9-10 p.m.
Hosted by Jeff Levesque and Cheryl Mercer
Featuring Americana and bluegrass and more - The American soundtrack - songs and stories



Join the WRFR/Buzz team
Radio station WRFR and our magazine the Buzz are all-volunteer efforts. We are open to everyone, and we need your help.

Do you have skills that could help us give voice to our Rockland community? Go wrfr.org

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